

Pikes Peak River Runners

Dry Bag Packing Suggestions

Updated: February 15, 2025



1. One drybag: for tent, sleeping bag, pad and inflatable pillow/pillowcase, sheet (optional for hot nights), small tarp (optional), a roll-a-cot is the best! My Roll-a-cot will not fit in a dry bag. River Chair
 2. One small day drybag cold weather gear bag (I do not usually bring this for hot rivers like the Grand)- easily accessible during the day, splash jacket, splash pants, long underwear pants, fleece jacket, wetsuit booties, wetsuit socks, fleece hat, liner gloves, wetsuit gloves, neck warmer, wetsuit, scrub pants to cover up from hot sun and cool down with water if super hot
 3. One dry bag for clothes and personal items: see list below
- ✓ NOTE: Separate traveling bag for the car- with a set of clean clothes for the ride to/from the river

Personal Drybag (clothes/stuff) suggestions:

- ☐ Rain jacket (windbreaker) – 1
- ☐ Fleece jacket – 1
- ☐ Down vest- 1
- ☐ Sun Shirt with hoodie- 3
- ☐ River shorts – 2 to 3- quick drying, zippered pockets
- ☐ T-shirts – 2 to 4
- ☐ Long sleeved shirts with collar – 2
- ☐ Cotton camp shorts – 1
- ☐ Camp pants – 2
- ☐ Towel – 1 full size
- ☐ Sarong- 1
- ☐ Bathing suit - 1
- ☐ Hat with visor and hat-clip
- ☐ Cotton socks to wear under Chaco's and in camp – 6-8 of my crummiest pair- often throw them in the trash during the trip when they get holes
- ☐ Underwear – 4 to 6, quick drying
- ☐ Sports bra - 1
- ☐ Chaco River Sandals – 2 – includes backup pair
- ☐ Shoes for camp – 1 (crocs, hiking boots or tennis shoes)
- ☐ Note pad/pen – for trip journal and calculating trip expenses
- ☐ River map
- ☐ Cell phone with camera
- ☐ Charging cords
- ☐ Power bank for cell phone- several
- ☐ Spare pair of prescription glasses, if you wear glasses– 1
- ☐ Croakies for your glasses – 2
- ☐ Sunglasses – 2
- ☐ Lens Wipes
- ☐ Watch – waterproof with alarm
- ☐ Personal Address list- for mailing postcards- postage stamps for mailing cards
- ☐ Wallet- with a credit card, photo ID (Driver's License), and cash

- ☐ Car keys – extra working set should have gone to your shuttler
- ☐ Headlamp with extra set of batteries
- ☐ Solar Tent lantern, collapsible
- ☐ Bandana or neck wrap – 2 at least, nice to dip- on the river and put around your neck to cool off
- ☐ Light synthetic rowing gloves for hand/sun protection
- ☐ Off Bug Spray
- ☐ Personal SPOT emergency communication beacon with preset messages (optional)
- ☐ Print: Trip participant list with ICE contacts and itinerary, including daily cook groups/menu/plan.

Toiletries:

- ☐ Shampoo/crème rinse
- ☐ Leave in hair conditioner
- ☐ Hair Brush
- ☐ Lotion- a lot!
- ☐ Toothbrush/Toothpaste/Dental floss
- ☐ Body wash soap
- ☐ Antibacterial hand soap to wash feet- [wards off Tolio](#)
- ☐ Athletes Foot Spray– preventive- use it every night once I have clean dry feet in socks- [wards off Tolio](#)
- ☐ Vagisil cream- [wards off Tolio](#)
- ☐ 1 day Monistat- for women
- ☐ Body scrubby
- ☐ Ivory dish soap – for laundry
- ☐ Small Collapsible bucket- to soak your daily laundry
- ☐ Nail clipper/ Nail file
- ☐ Clear nail polish and remover
- ☐ Chapstick w sunscreen/Carmex – 4, be prepared to “lose” several
- ☐ Sunscreen- a lot!, some recommend the type with “new” % zinc oxide in it
- ☐ Personal Medications transferred to a watertight bottle
- ☐ Personal Medication and Medical history ICE list
- ☐ Advil/Tylenol
- ☐ Vaseline- travel size
- ☐ Gold bond lotion- travel size
- ☐ Razor
- ☐ Deodorant
- ☐ Small Personal First Aid Kit
- ☐ Moleskin
- ☐ Tampons/multiple small Ziplocs/small personal liquid handsoap/hand sanitizer (travel size)
- ☐ Wet Ones wipes- do not put in toilet!, Place in trash after use!!!!
- ☐ Emergency TP- 1 roll in a ziploc
- ☐ Crown cement- look for it at drugstore
- ☐ Superglue
- ☐ Neosporin
- ☐ Pretty necklace, bracelet/earrings

Snack items: in dry box or sealed waterproof bucket

- ☐ Electrolyte Drink powder
- ☐ Wide mouth water bottles – at least 2, usually 4

- ☐ Protein Drinks
- ☐ V-8 Drinks
- ☐ Tea
- ☐ Nuts
- ☐ Dark Chocolate bar
- ☐ Almond Thin Crackers
- ☐ Extra Personal Ziplocs
- ☐ Personal eating utensils; coffee cup, bowl, plate, knife, fork, spoon

Additional Items For Cold Rivers:

- ☐ Warmer jacket - 1
- ☐ Fleece jacket – 2
- ☐ Fleece pants – 2
- ☐ Long underwear bottoms and tops – 2 sets- great for sleeping in at night
- ☐ Wool or fleece socks - 3
- ☐ Fleece hat - 1
- ☐ Gloves – 1
- ☐ Neck warmer- 1
- ☐ Rain/Spray pants – 1

How I do laundry on the river:

I bring along a small collapsible bucket and Ivory dish soap (clear dishwashing liquid). I wet dirty clothes in the river. Then I fill the bucket with river water and soak the clothes in diluted Ivory dish soap for ~15 minutes. No more than one pair of shorts, bathing suit and shirt at one time. Do not put too much dish soap in the bucket, a little bit goes a long way. I have noticed that other brands of colored dish soap will stain lighter clothing. After soaking, I rinse the clothes with river water until soap is gone. In Idaho I do this above high water line, in the Grand (desert rivers) I rinse directly in the river current. The clothes dry quickly in the hot desert early evening sun (much slower on the Idaho clothes line). The Ivory scent smells great when you put your dry clothes on the next day.

Ducky (Inflatable Kayak) gear:

- ☐ Ducky
- ☐ Lifejacket
- ☐ Helmet with go pro camera attachment
- ☐ Repair Tape/Kit
- ☐ Small handpump- 1
- ☐ Kayak Paddle- 1
- ☐ Kayak Paddle- 1 spare
- ☐ Personal Pee Bucket- 1
- ☐ Straps- 2 footer, 2